

Curing time guide

Bluephase®
Style M8



Bluephase®
Style



Bluephase®
Style 20i



Light intensity		HIGH POWER 800 mW/cm ² ± 10%	HIGH POWER 1,200 mW/cm ² ± 10%	TURBO 2,000 mW/cm ² ± 10%
Restorative materials	Composites 2 mm ¹⁾ IPS Empress Direct / IPS Empress Direct Flow Tetric EvoCeram / Tetric EvoFlow Tetric / Tetric Basic White	15 seconds	10 seconds	5 seconds
	Composites 4 mm ²⁾ Tetric EvoCeram Bulk Fill / Tetric EvoFlow Bulk Fill Tetric Basic White	15 seconds	10 seconds	5 seconds
	All conventional composites ¹⁾ Heliomolar / Heliomolar HB / Heliomolar Flow	20 seconds	15 seconds	2x 5 seconds
	Compomers ³⁾ Compoglass F / Compoglass Flow	40 seconds	20 seconds	2x 5 seconds
Cementation materials / Indirect restorations	Variolink Esthetic LC ⁴⁾ / Variolink Esthetic DC ⁵⁾	per mm ceramic: 10 seconds per surface	per mm ceramic: 10 seconds per surface	per mm ceramic: 5 seconds per surface
	Multilink Automix ⁵⁾ SpeedCEM Plus ⁵⁾	per mm ceramic: 20 seconds per surface	per mm ceramic: 20 seconds per surface	per mm ceramic: 2x 5 seconds per surface
Adhesives	AdheSE / Adhese Universal Excite F / Excite F DSC Heliobond (Syntac)	10 seconds	10 seconds	Use HIGH POWER program at 10 seconds
Temporary materials	Telio CS Link Telio CS Inlay/Onlay Telio Stains Telio Add-On Flow	15 seconds per surface 15 seconds 15 seconds 20 seconds	10 seconds per surface 10 seconds 10 seconds 15 seconds	5 seconds per surface 5 seconds 5 seconds 2x 5 seconds
Miscellaneous	Helioclear / Helioclear F / Helioclear Clear	20 seconds	20 seconds	Use HIGH POWER program at 10 seconds
	Heliosit Orthodontic	20 seconds	10 seconds	2x 5 seconds
	IPS Empress Direct Color IPS Empress Direct Opaque MultiCore Flow / Multicore HB	30 seconds 30 seconds 40 seconds	20 seconds 20 seconds 20 seconds	5 seconds 2x 5 seconds 2x 5 seconds

1) Applies to a maximum layer thickness of 2 mm and provided that the Instructions for Use of the respective material do not state any other recommendation (might be the case e.g. with dentin shades)

2) Applies to a maximum layer thickness of 4 mm and provided that the Instructions for Use of the respective material do not state any other recommendation (might be the case e.g. with dentin shades)

3) Applies to a maximum layer thickness of 3 mm

4) Applies to light-curing

5) Applies to dual-curing