Curing time guide

Light intensity

IPS Empress Direct

Exposure time for composites

Exposure time for Tetric EvoCeram/

bluephase® C8

800 mW/cm²

bluephase®



1.200 mW/cm² ± 10%

15 sec. 10 sec

bluephase® 20i



2.000 - 2.200 mW/cm² LED Class 2

10 sec. 5 sec.



Consistently high light intensity for the polymerization of restorative and cementation materials for direct and indirect restorations.

TURBO Program



2.000 mW/cm² 2x 5 sec 5 sec 2x 5 sec 2x 5 sec per mm ceramic: 1x 5 sec per surface 2x 5 sec 2x 5 sec 5 sec 5 sec 2x 5 sec

1.200 mW/cm²

20 sec



light intensity for the polymerization of restorative and cementation materials for direct and

HIGH POWER Program

LOW POWER Program

HIGH
• •
onsistantly high

indirect restorations.

Filling materials
Composite
<u>2mm</u> 1)
IPS Empress Direct / IPS Empress Direct Flow / Tetric EvoCeram / Tetric EvoFlow / Tetric /
Tetric Basic White / Tetric N-Ceram / Tetric N-Flow
Heliomolar / Heliomolar HB / Heliomolar Flow / Others 1)
4mm ²
Tetric EvoCeram Bulk Fill
Tetric Basic White

Compomer 3) Compoglass F / Compoglass Flow Indirect restorations / Luting material

Compomer 3) Compoglass F / Compoglass Flow

15 sec	10 sec	10 sec
20 sec	15 sec	15 sec
15 sec 20 sec	10 sec 10 sec	10 sec 10 sec
40 sec	20 sec	20 sec
per mm ceramic: 10 sec per surface	per mm ceramic: 10 sec per surface	per mm ceramic: 10 sec per surface
20 sec	10 sec	10 sec
30 sec	20 sec	20 sec
40 sec	20 sec	20 sec
20 sec	10 sec	10 sec
20 sec	15 sec	15 sec
15 sec	10 sec	10 sec
15 sec per surface	10 sec per surface	10 sec per surface
30 sec	20 sec	20 sec
30 sec	20 sec	20 sec
650 mW/cm²	650 mW/cm²	650 mW/cm²
0 t [s]	0 t [s]	0 t [s]

1.200 mW/cm²

tensity with reduced heat development for the polymeriza-tion of adhesives, liners, and restorative materials in areas near the pulp when restoring Class V cavities



Step-by-step inintensity with reduced shrinkage stress and heat development for the polymerization of restorative materials

Indirect restorations / Luting material Variolink II Base 4) / Variolink Veneer / Variolink N Base 4) / Variolink N Clear Veneer / Variolink Ultra 5) / Dual Cement 5) / Variolink II 5)	per mm ceramic: 10 sec per surface	per mm ceramic: 10 sec per surface	per mm ceramic: 10 sec per surface
Miscellaneous		•	
Helioseal / Helioseal F / Helioseal Clear	20 sec	10 sec	10 sec
Monopaque	30 sec	20 sec	20 sec
MultiCore Flow / MultiCore HB	40 sec	20 sec	20 sec
Heliosit Orthodontic	20 sec	10 sec	10 sec
Telio Add-On Flow	20 sec	15 sec	15 sec
Telio Stains	15 sec	10 sec	10 sec
Telio CS Link / Systemp. link	15 sec per surface	10 sec per surface	10 sec per surface
IPS Empress Direct Color	30 sec	20 sec	20 sec
IPS Empress Direct Opaque	30 sec	20 sec	20 sec
	650 mW/cm²	650 mW/cm²	650 mW/cm²
Adhesives	0 t [s]	0 t [s]	0 t[s]
Syntac / Heliobond			
ExiTE F / ExciTE F DSC	10 sec	10 sec	10 sec
AdheSE / AdheSE F	76 566	10 500	10 500
Tetric-N Bond / Tetric N-Bond Self-Etch			
Temporary materials Telio CS Inlay/Onlay			
Systemp.inlay/onlay	10 sec	10 sec	10 sec
Fermit / Fermit N			
Telio CS Link / Systemp.link	20 sec per surface	10 sec per surface	20 sec per surface
Miscellaneous	20 See per Surface	To see per surface	20 see per surface
Heliosit Orthodontic	20 sec	20 sec	20 sec
Vivaglass Liner	20 sec	20 sec	20 sec
	800 mW/cm ² 650 mW/cm ²	1.200 mW/cm ² 650 mW/cm ²	1.200 mW/cm ² 650 mW/cm ²
Filling materials	0 5 t[s]	0 5 t [s]	0 5 t [s]
Composite			
2mm ⁻¹⁾			
IPS Empress Direct / IPS Empress Direct Flow / Tetric EvoCeram / Tetric EvoFlow / Tetric / Tetric Basic White / Tetric N-Ceram / Tetric N-Flow	20 sec	15 sec	15 sec
Heliomolar / Heliomolar HB / Heliomolar Flow / Others 1)	25 sec	15 sec	20 sec
4mm ²⁾	23 Sec	1.0 260	ZU Sec
Tetric EvoCeram Bulk Fill	20 sec	15 sec	15 sec
Tetric Basic White	25 sec	20 sec	15 sec

40 sec

Curing time guide

LEDition®



Light intensity

Exposure time for composites Exposure time for Tetric EvoCeram/ IPS Empress Direct

typically 600mW/cm² [min. 500 / max. 900] 20 sec. 15 sec.



Consistently high light intensity for the polymerization of adhesives, restorative and cementation materials for direct and indirect restorations.

	600 mW/cm ²
Filling materials	0 t [s]
Composite	
<u>2mm</u> ¹⁾	
IPS Empress Direct / IPS Empress Direct Flow / Tetric EvoCeram / Tetric EvoFlow / Tetric /	
Tetric Basic White / Tetric N-Ceram / Tetric N-Flow	20 sec
Heliomolar / Heliomolar HB / Heliomolar Flow / Others 1)	30 sec
<u>4mm</u> ²⁾	
Tetric EvoCeram Bulk Fill	20 sec
Tetric Basic White	20 sec
Compomer 3)	
Compoglass F / Compoglass Flow	40 sec
Indirect restorations / Luting material	per mm ceramic:
Variolink II Base ⁴⁾ / Variolink Veneer / Variolink N Base ⁴⁾ / Variolink N Clear Veneer / Variolink Ultra ⁵⁾ / Dual Cement ⁵⁾ / Variolink II ⁵⁾	20 sec per surface
Adhesives	
Syntac / Heliobond	
ExciTE F / ExciTE F DSC	10 sec
AdheSE / AdheSE One F	
Tetric N-Bond / Tetric N-Bond Self-Etch	
Temporary materials	
Telio CS Inlay/Onlay	10 sec
Systemp.inlay/onlay	10 360
Fermit / Fermit N	
Telio CS Link / Systemp.link	20 sec per surface
Miscellaneous Helioseal / Helioseal F / Helioseal Clear	20
	20 sec
Monopaque	40 sec
MultiCore Flow / MultiCore HB	40 sec
Vivaglass Liner	30 sec
Telio Add-On Flow	30 sec
Telio Stains	20 sec
IPS Empress Direct Color	40 sec
IPS Empress Direct Opaque	40 sec
Heliosit Orthodontic	40 sec

1) Applies to a maximum layer thickness of 2 mm provided that the Instructions for Use of the respective material does not state any other recommendation (might be the case with dentin shades) 2) Applies to a maximum layer thickness of 4 mm provided that the Instructions for Use of the respective material does not state any other recommendation (might be the case with dentin shades) 3) Applies to a maximum layer thickness of 3 mm 4) Applies to light-curing (exclusive use of base paste) 5) Applies to dual-curing